

## Checklist for Social Media Use Policy

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In order for your social media use family policy to be enforceable, make sure you take into account the following:

1. Define what you mean by social media. Are you including Twitter, Facebook, MySpace, Blogs, YouTube, as well as other social networking venues? It's best to broadly define what types of social media are included.
2. Describe your expectations under the policy. In detail, describe the Do's and Don'ts, and why not provide a number of examples of what adhering to the policy looks like.
3. Are there exceptions to the policy? Are there situations when you won't enforce the policy? Explain a few, but leave it to your discretion to make changes.
4. When does the policy take affect? Are there certain times of day?
5. Who must adhere to the policy? Is it everyone? The kids? Only kids over 13? Over 17? Does everyone have to abide by the policy?
6. Under what conditions would you excuse adherence to the policy?
7. What happens if the policy is breached, not excused? Ate there consequences? If so, what are they?
8. Who is the enforcer of the policy? Is it majority rules? Mom rules? Dad rules? Mom & dad must be in alignment? Do the kids have a say?
9. Will changes be discussed by entire family?

Here is a starting point for creating an effective social media use family policy.

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